



Mount Vernon Advisor www.fairfaxcounty.gov/mountvernon July 2018



Sign up for the Mount Vernon Advisor



Dear Neighbors,

As I sit at my desk on this beautiful summer morning, I am reminded of long, hot summer days, warm heavy evenings under the stars, kids splashing in pools - ah, the lazy days of summer! I hope as

you begin your summer adventures, you take a moment to reflect on what **our freedom and independence** mean to you. With Independence Day upon us, and in a time of political turmoil in our Country, **the freedoms we often take for granted seem even more important**.

George Washington said, "If the freedom of speech is taken away then dumb and silent we may be led, like sheep to the slaughter." This rings especially true in a time of greater social tensions, disrespectful behaviors, personal attacks and foreign interference in our elections. Freedom of the press, listening to the facts, hearing varied opinions, seeing differing viewpoints and engaging in political discourse have guided our way of life. Our freedoms to now live where we want, live without want, love who we want, learn what we want and worship how we want are the sparks that keep our freedoms ignited and serve as a light to most of the world. The rich fabric

In This Issue

- Award Winning Embark Plan
- Passport to History
- Housing Advisory Group
- OMVHS Update
- Community Champions
- In the News
- <u>Upcoming Events &</u> Meetings
- West Springfield Station
- National Night Out
- Saving Our Environment
- Supporting Our Seniors
- <u>Community Information</u>
- Important Safety Messages
- Workhouse Brewfest
- Fairfax Alerts
- Boards, Authorities and <u>Commission Members</u> Needed

of our nation is strengthened by the compromise and understanding that guide so many important decisions that **impact all of us**, as well as the many generations to come.

The strength of our great country is **woven from our diversity**, people from all walks of life and experiences. They also empower us to **learn from those around us**, challenge us to **be inclusive** and to **keep our minds** open to new ideas. I encourage you this summer to **connect with our community**, engage those who have a different view point, welcome those who have a different skin color, learn from those who are older and inspire those who are younger. It is through these experiences that we all **grow and strengthen our roots**, leading to **understanding and acceptance**.

As you read through this month's newsletter, you will find many opportunities to **engage** with your community, from National Night Out to the Cops V Kids Basketball Game. You will find opportunities to **enrich your mind** - Summer Reading Adventure - and to make your garden grow with master gardener weekly plant clinics.

This summer, **TEAM MVD** is pleased to welcome **intern Austin Houck**. Austin, a rising **senior at West Potomac High School**, has been an active volunteer for our office, and is an aspiring **writer** and **lawyer**. **Welcome Austin!**

Respectfully yours in public service,

Dan Storck

Supervisor, Mount Vernon District Fairfax County Board of Supervisors



Teddy Celebrates Fairfax!

June 2018 Activities:

Phone calls: 1485Meetings: 71

Hosted meetings: 40



Mount Vernon District Staff: Tae Choi, Donna Slaymaker, Allison Miessler, Christine Morin, Supervisor Dan Storck, Camela Speer & Abdul Shaban.

Stay Connected:

Mount Vernon Governmental Center 2511 Parkers Lane Mount Vernon, VA 22306 703-780-7518 (TTY 711) 703-780-1491 (fax) mtvernon@fairfaxcounty.gov

Office Hours

Monday - Wednesday, Friday: 8:30 a.m. - 5 p.m.

Thursday: 8:30 a.m. - 7:30 p.m.

Second Saturday Each Month. Lorton Library: 9 a.m. - 11:30 a.m. MV District Office: 12:30 p.m. - 3 p.m. Walk-ins and by appointment









Award Winning Embark Plan

Embark Richmond Highway Plan Wins Prestigious Planning Award

The County's ambitious planning effort called Embark Richmond Highway (right here in Mount

Vernon!) has won the **2018 Commonwealth Plan of the Year Award** from the American Planning Association's
Virginia Chapter. Embark is a sweeping, new land-use plan
that **supports walking**, **biking and a bus rapid transit**, or
BRT, system along Richmond Highway. The plan transforms
the 7.5 mile corridor into a **multi-modal destination**,
featuring a series of **vibrant**, **mixed-use places** that are
connected with **continuous walking** and **bike paths** in
addition to the **BRT system**. The three-year effort involved
multiple county agencies and community representatives,
including the **Mount Vernon and Lee Supervisors Offices**,
Department of Planning and Zoning, Department of
Transportation, Office of Community Revitalization, Park
Authority and a **13-member community advisory group**. More details.



Conceptual drawing of the future Beacon Hill area on Richmond Highway.

Passport to Mount Vernon History

George Mason's Gunston Hall, in coordination with Fairfax County Public Schools (FCPS) has launched the American Evolution Student Citizen Passport Program, which will initially be

distributed for free to **fourth graders** in the Mount Vernon District as a pilot for what is intended to be a **countrywide initiative**. The first passports were **distributed to students this spring** and are available at partner sites. The program features educational content specific to the American Evolution™ program. Partner sites include **George Washington's Mount Vernon**, **Pohick Church**, **Woodlawn and Frank Lloyd Wright's Pope-Leighey House**, **Gum Springs Historical Society and Museum**, and the Lorton Workhouse.

Karen Corbett Sanders, Mount Vernon District School Board member, said, "The American Evolution Passport Program provides an excellent opportunity for the students in Fairfax County Public Schools and the greater community to learn about the Mount Vernon and Lee District's living history. By visiting the original homes and historic destinations of our region, students will learn about the important leadership traits of our founding fathers through visits to the estates of George Washington and George Mason, the resiliency and fortitude of the historic Gum Springs Community and the importance of the Bill of Rights and voting rights at the Lorton Workhouse. I am thrilled that our students will have this opportunity in anticipation of the 400th year of our legislature."

Embark Housing Advisory Group

The upcoming Embark project provides both the Mount Vernon and Lee Districts the opportunity to explore new considerations for affordable and workforce housing along Richmond Highway. On June 28, Supervisor McKay and I held a kick-off meeting for the Embark Affordable Housing Advisory Group, comprised of County staff, developers, nonprofits, advocates and residents. The Groups' main objective is to preserve and improve affordable and workforce housing opportunities along Richmond Highway in conjunction with Embark. Both Districts currently offer an array of housing types, and I am looking forward to hearing their recommendations identifying additional concepts for affordable and workforce housing.

OMVHS Update

Sign up today for updates about the **Original Mount Vernon High School Redevelopment Master Plan** project! The **latest newsletter** highlighted:

- OMVHS Stories
- Exterior Signs Coming
- Redevelopment Master Planning
- Exploring Interests and Opportunities

Read the latest update!

Community Champions



Meet Mount Vernon's Affordable Dwelling Unit Advisory Board member Kenneth Heyman. Kenneth is an award-winning product developer and business owner with over 20 years' experience managing or creating information graphics and medical training products. Previously, he owned Living Solutions, providing home improvement and consulting services to help seniors stay in their homes through home assessments and accessibility modifications. One of Living Solution's main clients was the

Maryland Department of Human Resources Medicaid Waiver Living at Home program focused on helping needy residents live safely at home through construction modifications including wheelchair accessible bathrooms, stairlifts, ramped entrances and assistive technology.

Kenneth lives in **New Alexandria** with his wife Dr. Kate Tulenko, and two daughters, Helena and Freya. In his free time, Kenneth is an avid landscape painter. He enjoys **plein air painting** along the banks of the **Potomac River** and is particularly fond of the **winter landscapes**, with their long shadows and contracting colors.

To those **interested in volunteering** in your community he says, "**Get involved!** If you have a passion, or special area of expertise, go to the **Fairfax County Boards, Authorities and Commissions** <u>webpage</u> to find a topic or group that is a match. There are many unfilled vacancies on boards throughout the County. I also advise people to **schedule a time to meet with Supervisor**

Storck during his open office hours to discuss your interest in helping the community."

Attention Mount Vernon District residents!

Our community is very large and diverse, with **many hardworking people** contributing to the well-oiled machine we call Mount Vernon, **each with their own unique role**!

As a **feature of our newsletter**, we would like to take the time to recognize the members of our community who go **above and beyond** to help take us to new heights! If you know of someone who lives in the District that you believe **deserves special recognition** for their actions, be it volunteering, teaching, lending a helping hand, or other important work, **please nominate them** by completing this <u>Google form</u>.

In the News in Mount Vernon District

Gum Springs Celebrates 185th Anniversary

The **Gum Springs community is the oldest African American community** in the County. On Sunday, June 17, local residents celebrated the community's **185th anniversary** - founded in 1833 by holding a **festival and parade** on its community grounds. The parade was led by **98-year-old Fairfax native**, **Ada Singleton**. Read the full story by the Mount Vernon Gazette.



Woodrow Wilson Bridge closing brings hours of gridlock.

I know many of you who live, work and/or play in **northern Mount Vernon** were **very frustrated** by the **Woodrow Wilson Bridge closure** last week. I, myself, spent **more than three hours** getting home as a result of all the roadway issues. Many who experienced the delays commented that it was the **worst traffic they have ever seen** in the area. Read the full letter to the editor in the Mount Vernon Gazette.

More People Seeking Help from Crisis Hotline

The number of **people seeking help** from **Fairfax-Falls Church Community Services Board** partner <u>PRS CrisisLink</u> is rising, most notably among women, according to recent data (<u>find out more here</u>). The Centers for Disease Control and Prevention also issued a "Vital Signs" report detailing the **increasing incidents of suicide** in the U.S. If you or someone you care about may be at risk of suicide, don't hesitate to **reach out for help right away**. Call <u>CSB Emergency Services</u> at 703-573-5679, or contact <u>PRS CrisisLink</u> by **texting "CONNECT" to 855-11** or calling 703-527-4077. Meanwhile, a George Mason University researcher is **working to help Fairfax County** better **identify and treat** potentially suicidal students. An integrated training effort, the Fairfax Consortium for Evidence-Based Practice: A Training Collaborative, includes GMU, Healthy Minds Fairfax and the Inova Kellar Center in an **effort to fight teen suicide and other mental health problems**. Read more about the initiative.

OP3 Honored by NOVA Chamber with Outstanding Citizenship Award



The Northern Virginia Chamber of Commerce awarded the Fairfax County Office of Public Private Partnerships the 2018 Outstanding Corporate Citizenship Awards Public Sector on June 14. OP3 was nominated by Washington Gas' Huey Battle and supported by a number of valued partners. Read more.

Potomac Health Foundation Awards Grant to Workhouse Arts Center

Potomac Health Foundation **awarded \$1,791,865** in Howard L. Greenhouse Large Grants **to address mental and behavioral health** in the eastern Prince William County, Lorton, and North Stafford communities. One of three agencies receiving Foundation grants for the first time, the **Workhouse Arts Foundation** will offer **therapeutic art experiences and services to veterans**, along with their families and caregivers. Read more.

Upcoming Events & Meetings

Summer: <u>District Library Events</u>

• Summer: Community Farmers Markets

- Tuesdays: New Farmers Market Washington Farms United Methodist Church
- July 6: Mount Vernon Nights Concert Squeeze Bayou 7:30 p.m.
- July 7: Lorton Library Park Clean-Up 9 a.m.
- July 7: Fairfax County's Pohick Church: Special Docent-led Building & Grounds Tour 2 p.m.
- July 7: Mount Vernon Nights Concert Enter the Haggis 7 p.m.
- July 8: Fort Hunt Park Concert Nitehawks Swing 7 p.m.
- July 10: South County Federation Meeting 7:30 p.m.
- July 13: Mount Vernon Nights Concert C*A*M*M*O 7:30 p.m.
- July 14: Mount Vernon Nights Concert Machaya 7 p.m.
- July 14: Movie Night Liberty The Sandlot 7:30 p.m.
- July 15: Fort Hunt Park Concert Black Moon Tonic 7 p.m.
- July 19: DMV2GO at Sherwood Hall Library
- July 20: Mount Vernon Nights Concert Big Daddy Love 7:30 p.m.
- July 21: Mount Vernon Nights Concert Brass 5 7 p.m.
- July 22: Fort Hunt Park Concert The Potomac Harmony Chorus 7 p.m.
- July 25: Preserving Housing Affordability in Northern Virginia 1 p.m.
- July 25: Mount Vernon Council of Citizens' Associations Meeting 8 p.m.
- July 27: Mount Vernon Nights Concert Chaise Lounge Band 7:30 p.m.
- July 28: Workhouse Arts Center Concert Mariachi Los Amigos 7 p.m.
- July 29: Fort Hunt Park Concert Kings Park Community Band 7 p.m.
- August 4: Workhouse Brewfest 1 8 p.m.
- August 7: National Night Out

West Springfield Station Officers In Our Community

During the fall, winter, and spring, "Scout Night" occurs at the West Springfield District Station. Numerous scouting groups and children community groups sign up for the monthly event where children learn about the police department. Children learn about what a police officer does, community safety, and forensic evidence among other topics. They also have the experience of sitting in the driver's seat of a police cruiser and seeing all of the equipment utilized by officers daily. Below, Master Police Officer Michael Stewart educates at Scout Nights.









Recently, **Sergeant Mittiga** (right) from the **West Springfield District Station stopped** by to say hi and share the **rules of the road** with two youngsters after their grandparents gifted them a **new set of wheels**.



National Night Out

America's Night Out Against Crime - August 7, 2018

What is National Night Out?

- Annual neighborhood-based crime and drug prevention event
- Opportunity to show neighborhood spirit and strengthen partnerships with local police
- Demonstrates neighborhood commitment to fight crime

 Observed in thousands of communities in all 50 states, U.S. territories, Canadian cities and military bases around the world

Read more and register your community!

Saving Our Environment

New Community Map from Clean Fairfax

Clean Fairfax is excited to share its **Community Map!** Found at <u>cleanfairfax.org</u>, it displays **localcommunity cleanups** as well as **environmental events** (garden tours, talks, workshops, etc.,) and **farmers markets**. If you're looking for **volunteer opportunities** or something for **your family** to do outside, this is the perfect place to start! Please contact Clean Fairfax if you'd like to share your cleanup or event on the map. Also, **if you'd like to organize a cleanup** in your community, contact us (<u>cfc@cleanfairfax.org</u>) and **they'll send cleanup supplies at no cost**.

Gardening Help from Master Gardeners

Did you know that Fairfax County master gardeners operate <u>weekly plant clinics</u> at various branches of the library and farmers markets throughout the county? At the clinics, the master gardeners offer advice on selecting and caring for your ornamental plants, vegetables and lawn. The <u>2018 Plant Clinic Schedule</u> contains a complete listing of clinics, locations, and times.

Supporting Our Seniors

Are you an Older Adult interested in lifelong learning?

Mason provides numerous opportunities, including **The Osher Lifelong Learning Institute (OLLI)** with locations in Fairfax, Reston, and Sterling; **Encore Learning**, located in Arlington; and the **Senior Tuition Waiver** for the Non-degree Studies Program.



OLLI Mason is the premier destination for **intellectual stimulation** and finding your peer group in retirement. Summer 2018 offerings number over 100 courses. One annual fee pays for a full-year membership, including unlimited enrollment in all offerings, subject only to class size limitations. So many friends and so much fun await you at Olli Mason. Enjoy learning and living well every day! Phone: 703-503-3384; Website.

Encore Learning provides high-quality **lifelong learning and social opportunities** for those over 50 in the DC area. Convenient Arlington locations and low cost membership and course fees make it unique. Members join for our daytime college-level, noncredit academic courses, our clubs and our special events - they stay for the intellectual stimulation, the cultural experiences and the friendships. Teach, learn, share, grow, explore with others 50+. Phone: 703-228-2144; Website.

Senior Tuition Waivers Available

Community Information

Fairfax County to Open RAD (Formerly Public Housing) Waitlist Starting July 10th for TWO WEEKS ONLY!

For the first time in more than a decade, the Fairfax County Redevelopment and Housing Authority (FCHRA) will be **opening its Rental Assistance Demonstration (RAD) Waitlist** (formerly Public Housing) for a period of **two weeks**.

RAD is comprised of **1,060 zero to four bedroom affordable apartments and townhouses** owned and operated by the FCRHA. These units provide **safe, affordable housing options** to low-income households in Fairfax County.

Anytime starting **July 10 at 8:00 a.m. through July 23 at 11:59 p.m.**, applicants can apply to be added to the RAD housing waitlist. Unlike previous waitlist openings, only **about 2,000 households will be selected from the application pool** via a computer generated **random selection** for the list. It is estimated that the 2,000 households added to the waitlist will be a two to three year supply of potential participants. Read more...

Summer Reading Adventure



County Public **Libraries** help **make reading fun** by providing tools, access and incentives during its <u>Summer Reading</u> <u>Adventure</u>. The Summer Reading Adventure runs **June 15 through Sept. 1** and invites **all children and teens** - birth through high school - to **read for fun** over the summer. The theme in 2018 is "**Reading Takes You Everywhere**." Finish

reading the required number of books by Sept. 1 and go to a library branch to **pick up your coupon book** that has a variety of **free prizes and discounts**. More than 20 businesses and organizations have provided coupons for free and discounted items to **reward County children and teens** for reading during the summer. Read more on NewsCenter.

And, for those **budding artists**, the Libraries offer the **Teen Cover Art Contest**. The deadline to enter is **August 4**. Read more.

Community Action Advisory Board Seeks New Community Members

Over 69,000 Fairfax residents live in poverty. If you think that is too many, let your voice be heard! The County is looking for community residents (especially residents with limited incomes) who are interested in working to empower residents to achieve self-sufficiency and reach their full potential. We are seeking applicants of diverse backgrounds, professions, genders, geography, abilities and ethnicities. Read more.



County Land Development Services Annual Report

Land Development Services' "by the numbers" annual report demonstrates the volume of plans reviewed, permits issued and inspections conducted, as well as other metrics integral to the department's service delivery. <u>View the FY 2017 report</u>.



The shelters are filling up, consider adopting today!

COMING SOON: Sunday hours!

Starting on July 8, we will be open for **adoptions on Sundays**, from 10 a.m. to 5 p.m.! These special Sunday hours will be in effect during **July, August and September**, and may be continued if successful. There will be **no owner surrenders taken in on Sunday** - we'll be open for adoptions only. We are excited to offer another convenient weekend day to our lineup, in our effort to get **more pets adopted** into their **forever homes**!

Lorton Volunteer Fire Department Offers CPR Classes

The Lorton Volunteer Fire Department (Fire Station 19) is offering a **variety of CPR classes**: Friends and Family CPR, BLS for Healthcare Providers, Heartcode BLS, and Heartsaver CPR AED. **Certified CPR instructors** deliver both the **cognitive portion** of training and the **psychomotor component** of thorough skills practice and testing in a classroom setting.

Registration and class schedules, please visit or contact CPR@lortonvfd.com.

Discover Your Parks and Win

If you like animals, you'll go wild for the the **County Park Authority 2018 Discovery Trail Map!** This year's **free summer activity** highlights the rich diversity of wildlife you'll see in County parks. **Visit eight of 12 featured sites and win a prize!** Pick up a map at the Government Center front desk, any Park Authority RECenter, nature center, historic site or golf course or any County public library. <u>Learn more</u>.

Important Safety Messages

Health Department rap video on Lyme Disease Prevention

In an effort to **educate the public about Lyme disease** and other tick-borne illnesses, the Health Department has released the music video "**Tick Check 1-2.**" The three-minute song, written and performed by **Environmental Health Specialist Andy Lima** (aka "MC Bugg-Z"), details ways to **avoid ticks**, particularly blacklegged ticks which can spread Lyme disease.



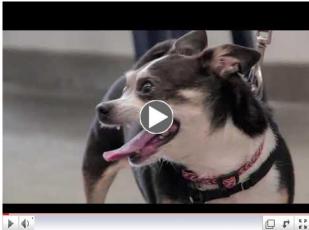
Drug Disposal Options

As the **opioid epidemic grows** throughout the country, communities are actively looking for ways to help curb abuse and misuse. **Supervisor Storck's office now provides free drug deactivation kits**. In addition, **Walmart has launched a first-of-its kind opioid disposal solution**, available at **no cost in all company pharmacies**. Walmart also continues to **offer counseling** to Walmart patients on proper opioid use when filling an opioid prescription at any one of its 4,700 pharmacies nationwide.

Stop by any of these locations to pick up your disposal kit today!

Pets and Hot Weather

During summer months, the County sees an **increase in calls for pets left in hot cars**. Know the danger!



Spotted Lanternfly in Virginia

The spotted lanternfly (Lycorma delicatula) is an **insect pest that was introduced from China** into Pennsylvania and is **now in Winchester, Virginia**. It hitched a ride into U.S. on imported stone products. This invasive pest is particularly nasty because it **multiples rapidly** and its method of feeding creates a buildup of "honeydew," a sugary secretion which allows sooty mold, **a type of fungus**, to form wherever the honeydew drops. Read more.

Workhouse Brewfest



Fairfax Alerts

"In the know, on the go."

Fairfax County's FREE alert system sends you important information during an emergency, helps you navigate your commute and shares community information.



You can also customize your Fairfax Alerts to receive the information pertinent to you. Don't miss this important information! Sign up today for Fairfax Alerts at www.fairfaxcounty.gov/alerts.

Boards, Authorities and Commission Members Needed

Help serve your community by serving on a Fairfax County Board, Authority or Commission. Please ask your friends, neighbors and community members if they are willing to help serve Fairfax County. Supervisor Storck has vacancies on:

Architectural Review Board

The purpose of the Architectural Review Board shall be to administer the provisions of Part 2 of Article 7 (Historic Overlay Districts), of the Zoning Ordinance and to advise and assist the Board of Supervisors in its efforts to preserve and protect historic, architectural, and archaeological resources in the County.

Health Systems Agency Board

To improve quality of the health services provided them, both private and public, while restraining increases in the cost of providing health services.

Information Technology Authority

To provide the Board with a source of objective advice regarding information technology issues.

Transportation Advisory Committee

To advise the Board and provide information and comments on major transportation issues faced

by the County.

Volunteering on these committees increases citizen participation in our district. If you are interested in serving on a county board, authority, commission, or committee (BAC), please provide a current résumé to Donna.Slaymaker@fairfaxcounty.gov.

For more information, please download the $\underline{brochure}$ for a brief guide to BACs, or learn more on the county website \underline{here} .

